



# IQF Peeled chestnuts China 10/2.2 lb

## Chataignes pelées

PRODUCT OF CHINA

61102



FROZEN SWEET

IQF WHOLE FRUITS

CHESTNUTS

### Product Description

- Our select whole Chestnuts from China have been carefully blanched and hand peeled. Prepare as an accompaniment for poultry or use as an ingredient in your favorite dinner and dessert recipe.

### Pack and Case Specifications

Pack Net Weight

2.2lb

Packs per Case

10

Case Size (LxWxH)

15.15"x 11.22"x 6.69"

Case Cube

0.66ft3

Case Gross Weight

23.6lb

Cases per Pallet

80 (10/8)

### Ingredients

CHESTNUTS.

### Physical

Species: Castanea Sativa  
Variety: long  
Count: 130 to 150 pieces/pack

### Nutrition

#### Nutrition Facts

Serving Size 1 cup (85g)  
Servings Per Container about 11

Amount Per Serving  
Calories 170 Calories from Fat 15

% Daily Value\*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 37g 12%

Dietary Fiber 1g 5%

Sugars --g

Protein 2g

Vitamin A 4% • Vitamin C 50%

Calcium 2% • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### Organoleptic

Color: light to dark brown  
Texture: characteristic of chestnuts  
Taste: characteristic of chestnuts

### Allergens

### Cooking Directions

Stove Top

Cook from frozen. Plunge quickly in boiling water. Simmer for 10 minutes and drain. Fry in a pan on medium-high setting in a little amount of fat, without cover. Drain the liquid possibly given after a few minutes cooking.

### Certificates and Claims

### Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Shelf life: 30 months.

### UPC code

